

Managing Procrastination in Graduate School

Facilitated by
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Sponsored by:
Wellness Center
Student Counseling Services

This workshop aims to empower students to manage their levels of procrastination in graduate school. Students will develop a better understanding of the different types of procrastination and the factors that maintain these behaviors. Students will also learn useful techniques and strategies to overcome procrastinating activities.

You must be a registered student of The Graduate Center or Craig Newmark School of Journalism to attend.

No Pre-Registration required



Date/ Time:
April 11th at 11:00 am
GC Room 8402